

PE Yearly Overview

Red = Activities/module

Black = Core task/scheme of work/skills



Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Yr1	<p>Fundamental Movement Skills</p> <p>Games Rollaball</p>	<p>Fundamental Movement Skills</p> <p>Gymnastics Making Shapes</p>	<p>Fundamental Movement Skills</p> <p>Dance Moving Along</p>	<p>Fundamental Movement Skills</p> <p>Health and Fitness Circuits</p>	<p>Fundamental Movement Skills</p> <p>Games Ten Point Hoops SAQ Skills</p>	<p>Fundamental Movement Skills</p> <p>Athletics Honey Pot Throwing and running skills</p>
Yr2	<p>Fundamental Movement Skills</p> <p>Games Piggy in the Middle Running Skills</p>	<p>Fundamental Movement Skills</p> <p>Gymnastics Families of Actions</p>	<p>Fundamental Movement Skills</p> <p>Dance Cat Dance</p>	<p>Fundamental Movement Skills</p> <p>Health and Fitness Circuits</p>	<p>Fundamental Movement Skills</p> <p>Games Kick Rounders SAQ Skills</p>	<p>Fundamental Movement Skills</p> <p>Athletics Off, up and away RJT skills</p>

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Rec	Parachute games Listening Skills Getting to know you	Fundamental Movement Skills On your own With a partner In small groups	Fundamental Movement Skills In small groups Team games Relays Circuits	Fundamental Movement Skills Gymnastics Move like a Gymnast Balance Roll Jump Travel	Fundamental Movement Skills Dance Traditional Tales Movement Animals Characters	Fundamental Movement Skills Athletics RJT Skills

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Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery 3/4	<p>Topic—Ourselves and our families.</p> <ul style="list-style-type: none"> Can use large muscle movements, e.g. waving a flag or a streamer. Can clap or stamp along to music. 	<p>Topic—Festivals and celebrations.</p> <ul style="list-style-type: none"> Can climb stairs using alternative feet. Can kick a ball. 	<p>Topic—</p> <p>Cycle A –Pets</p> <p>Cycle B—People who help us.</p> <ul style="list-style-type: none"> Can remember simple actions or sequences to join in with musical activities. Can put on own coat. 	<p>Topic—</p> <p>Cycle A—Julia Donaldson</p> <p>Cycle B—Travel and transport.</p> <ul style="list-style-type: none"> Can hop and skip while playing a game. Can ride a tricycle or a scooter. 	<p>Topic—</p> <p>Cycle A—Plants and Mini beasts.</p> <p>Cycle B—Bears.</p> <ul style="list-style-type: none"> Can collaborate with others to move large objects such as a plank. 	<p>Topic—</p> <p>Cycle A—Under the sea.</p> <p>Cycle B—The jungle.</p> <ul style="list-style-type: none"> Can stand on one leg and hold a pose. Can throw and catch a ball.
(2 year old provision) Little Acorns	<p>Topic—settling in/ Ourselves.</p> <ul style="list-style-type: none"> Will sometimes move to music. 	<p>Topic—Autumn and the seasons.</p> <ul style="list-style-type: none"> Will try finger foods. 	<p>Topic—Winter.</p> <ul style="list-style-type: none"> Can move to music or a rhyme. 	<p>Topic—Growing in the garden.</p> <ul style="list-style-type: none"> Enjoys action songs, and joins in with some actions. 	<p>Topic –animals on the farm.</p> <ul style="list-style-type: none"> Can clap or stamp to music or rhythm. 	<p>Topic—Pirates.</p> <ul style="list-style-type: none"> Can clap or stamp to music or rhythm. Knows some action songs.