

CURRICULUM STATEMENT: PE

Intent: what we are trying to achieve with our curriculum

At Acre Rigg Infant School, Physical Education plays a significant part in our curriculum. Through high quality teaching and provision, we strive to promote healthy, active lifestyles. By the time children leave our school we believe that our curriculum has given them the foundation for lifelong physical activity, ultimately inspiring children to:

- Be motivated and excited to learn new physical skills.
- Have fun and experience success.
- Develop their physical abilities and talents.
- Become physically competent and confident across a broad range of physical activities.
- Build personal character and hold values such as fairness, respect and a good sporting attitude.
- Be physically active for sustained periods of time.
- Master fundamental movement skills that can be used as a basis for lifelong physical activity.
- Work and play with others in a range of group situations, with an understanding of basic rules.
- Lead healthy, active lifestyles.

Implementation: how we deliver our curriculum

In order to achieve our curriculum intent, the PE curriculum is delivered through a wide variety of opportunities and experiences, including:

- Dedicated weekly high quality PE sessions and sporting activities.
- A range of sports in order to develop children's abilities and talents, to promote different roles and enjoy as performers, spectators and officials.
- Participation in team games with emphasis on competition, empathy and recognising strengths and weaknesses in order to improve.
- Detailed, planned schemes of work to ensure high quality teaching, supporting children's opportunities to gain new skills and knowledge in a physical education environment.
- Promoting confidence and enjoyment in physical activity, in a safe environment where student success is positively reinforced.
- Regular Extra-curricular activities within a range of sports throughout the year.
- Annual Sports Days across all year groups.
- Regular competitive sporting events and festivals, both in intra and inter-school situations.
- Children working with other professionals such as our School Sports Partnership and sporting companies who provide rich and alternative activities for all.
- The Pledge to become an Active school with Active Durham including daily exercise.
- An active playground at break and lunchtimes.
- High quality equipment and resources.