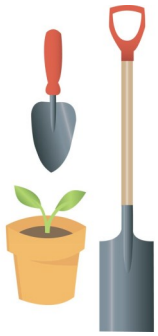
your local charity supporting carers

Durham County carers support

NHS Personalised Carer Breaks

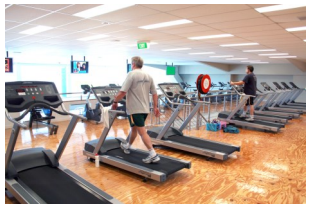




NHS Personalised Carer Breaks fund may be able to help you take a break from your caring role. If you would like to apply please ring **0300 005 1213**



We have helped Carers by organising breaks such as spa days, cinema and theatre vouchers, garden furniture and equipment, sporting equipment and memberships, ironing and cleaning services, art and craft materials,



horse riding lessons, music lessons, gardening services and respite services.



Durham County Carers Support
The Old Methodist Church, Durham Street, Middlestone Moor, Spennymoor, Durham DL16 7AT

Charity Number 1069278

NHS County Durham and Darlington

Durham County Council

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Durham County carers support

NHS Personalised Carer Breaks

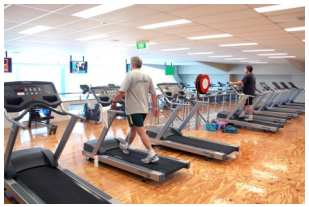




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