YEAR 2 - BUDDHISM

	The symbol for Buddhism.

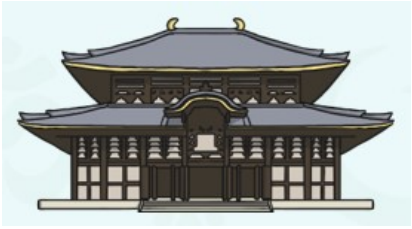
Buddha	
	Buddha was an enlightened teacher, not a God.

Buddhist beliefs
Never take the life of a living creature.
Do not steal.
Be faithful to your partner.
Do not lie.
Do not drink alcohol.

Sacred Buddhist Text	
	Tripitaka

Buddha's life	
	Buddha was a kind prince known as 'Siddhartha Gautama' and was born into a noble family in India.
	He grew up in a palace and lead a sheltered life. One day, he found an injured swan and nursed it back to health.
	One day he decided to leave the palace and saw all kinds of suffering. He saw an old man, a sick man and a dead man. Finally, he saw a holy man who looked so calm and peaceful.
	He meditated under a bodhi tree and after 6 years he found enlightenment. He taught people the 4 Noble Truths to help end suffering.

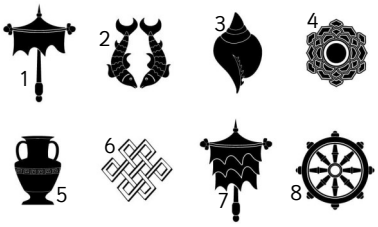
How do Buddhists worship?



Buddhists will visit a temple called a Wat on full moon days and on special religious days, like Wesak.



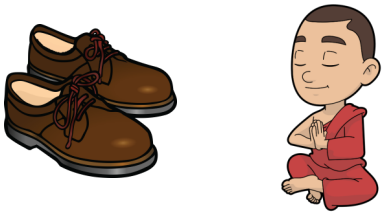
Buddhists usually worship at home, in front of a shrine. This will often have a statue of Buddha, some burning incense, candles, prayer beads, some food and water and a



Buddhists will meditate in front of their home shrine as a form of worship. They may display symbols to help them focus.

1. The parasol 2. The golden fish 3. The conch shell 4. The lotus flower

5. The treasure vase 6. The endless knot 7. The victory banner 8. The wheel of life



They remove their shoes as a sign of respect and sit with their feet tucked underneath them, as it is rude to point the soles of the feet at someone.

The 3 Jewels

The Buddha, the Dharma (Buddha's teachings) and the Sangha (the Buddhist people).

8 key Buddhist symbols

Buddha statue



shoes removed

burning incense

lotus flowers

candles