

# Class 1 NEWSLETTER - Autumn 1 2025-2026

Look at photographs and talk about how your child has changed as they have grown. Put them in order and discuss what they could and couldn't do at different ages e.g. walk, crawl, sit up, read etc.

*Article 27 - children have the right to grow up healthily.*

We will be learning about children's rights and how we can affect change in the community around us. *Article 1&2 all children have rights.*

Talk to your child about things that they are good at and things that they would like to learn. Set a goal e.g. to be able to tie their own shoe laces.  
*Article 29 - the right to be the best you can be.*

Talk to your child about their family. Ask them to draw and label the people in their family – either who they live with or extend further.  
*Article 9 - the right to have a family.*

Talk about what is the same and what is different about people e.g. hair colour, height, food preferences, favourite toys etc.

*Article 13 the right to share what you think with others.*

Our topic this half term is

## Ourselves

Here are some ideas to support your child at home.

Talk to your child about their senses as they use them in daily life e.g. touch-is it too hot? smell-what can you smell? sight-is it safe to cross the road?

Link the senses to body parts.  
Name body parts.

*Article 24 - the right to have healthy food and clean water.*

Help your child to write letters and words with correct letter formation (letters starting and finishing in the correct place).

*Article 28 - the right to an education.*

### WEDNESDAY - PE

Children should come dressed for PE every Wednesday. Please ensure your child has all appropriate kit and put names on all PE kit and uniform. Thank you.

### MESSAGES

Reading 4 times per week will support your children to 'be the best that they can be.' (Article 29)

Remember to use Bug Club to access our online reading scheme.