

# Reception Newsletter

## Spring 1 2026

**This term our topic is:**



### Our Wonderful Planet

Here are some ideas to support your child at home.

#### Physical Development:

- Encourage your child to use small and large apparatus indoors and outdoors safely. E.g. park, soft play etc.
- Encourage your child to practise a range of ball games including; throwing, catching and kicking.
- Encourage your child to use child scissors, pens and pencils correctly.

#### Personal, Social and Emotional Development:

- Encourage your child to try new activities independently. E.g. At a party encourage them to join in with games independently.
- Encourage your child to take turns when playing games.
- Discuss with your child the importance of healthy food choices for breakfast, lunch and dinner times.

#### Understanding the World:

- Talk about Earth, its' continents, countries and oceans. Look at photographs and talk about experiences e.g. visiting the beach.
- Discuss with your child the similarities and differences of the UK and other countries. E.g. weather, homes etc.
- Talk to your child about the different seasons and the natural changes we see. E.g. animals, flowers, weather.

#### Expressive Arts and Design:

- Create winter art work or build outside if it snows!
- Encourage your child to build on their ideas when creating a picture or model. E.g. if creating a picture of a house, they could add a garden.
- Encourage your child to make and use props to support retelling the stories you have read.
- Sing and dance to a range of music from around the world and move in time to the music.

#### Literacy

- Practise writing short captions with correct letter formation. E.g. cat on a mat.
- Practise reading high frequency words every day with your child. Remember the 3 second rule.
- Read simple sentences in their reading book daily.
- Use Non-fiction resources to find out about our planet e.g. books, internet.
- Encourage your child to spell words independently, counting out the sounds they can hear before writing e.g. oashn (ocean).

#### Communication and Language

- Talk to your child about the new vocabulary they are learning in school linked to 'Our Planet'.
- Read stories linked to places around the world e.g. Meerkat Mail, Handa's Surprise, Paddington Bear.
- Encourage your child to use full sentences to express their ideas and feelings. E.g. when discussing school.

#### Mathematics:

- Encourage your child to subitise by stating how many objects they can see without counting up to 5.
- Practise counting 0-20.
- Encourage your child to use the language more and fewer when looking at amounts.

#### Messages

- Please continue to read at least 4x per week at home with your child and practise keywords as frequently as possible.
- Please ensure your child comes dressed for PE on your child's PE day.